What Is Claimed Is:

- 1. A sensor for measuring a force, comprising:
 - a first sealed volume defined by a first body portion;
 - a second sealed volume defined by a second body portion;
- a pressure diaphragm having a first side and a second side, wherein a pressure of the first sealed volume acts on the first side, and wherein a pressure of the second sealed volume acts on the second side; and
 - a force diaphragm exposed to a force;

wherein the pressure of the first volume is dependent on the force acting on the force diaphragm.

- 2. The sensor as recited in claim 1, wherein the first sealed volume and the second sealed volume have substantially the same temperature.
- 3. The sensor as recited in claim 2, wherein the first and second sealed volumes are hermetically sealed.
- 4. The sensor as recited in claim 1, further comprising: a mechanical stop.
- 5. The sensor as recited in claim 1, further comprising: a strain gauge connected to the pressure diaphragm.
- 6. A method of measuring a pressure, comprising:

providing a first sealed volume defined by a first body portion;

providing a second sealed volume defined by a second body portion;

applying a pressure of the first sealed volume to a first side of a pressure diaphragm;

applying a pressure of the second sealed volume to a second side of the pressure diaphragm; and

exposing a force diaphragm to a force;

wherein the pressure of the first volume is dependent on the force acting on the force diaphragm.

- 7. The method as recited in claim 6, further comprising:

 providing the first sealed volume and the second sealed volume with substantially the same temperature.
- 8. The method as recited in claim 6, wherein the first and second sealed volumes are hermetically sealed.

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